

CORRELATION RESEARCH ON SELECTED REINCARNATIONAL PROCESS ASPECTS FROM A NUMBER OF AFTERLIFE SOURCES (BOOKS).

By Alastair Bruce Scott-Hill , B.E. (Elect.)

Author of the prize-winning science book, *The Paranormal is Normal: The Science Validation for Reincarnation, Your Immortality and the Paranormal* <https://www.amazon.com/dp/B01M5CXRHA>



Abstract: *This article covers a study using the simple scientific approach of comparability correlation analysis methodology to perform a form of validation type “truth test,” between accounts of the same deliberately selected reincarnational process – as described from five different disparate sources of material. The sources chosen were those generally accepted as high quality “afterlife type” books, but which between them exhibit a broad-spectrum range of methods used in gaining “teachings/knowledge” from discarnates. The methods range from deep trance mediums, regressive professional hypnosis of past lives, and OOB actual participation experience/observation. The purpose of this study is to form a research study into external consistency/correlation of a number of afterlife sources on specific soul/spirit reincarnational process aspects.*

Introduction

Most people consider reincarnation as simply the rebirth of oneself or soul in another body. In this study, it will be shown that that in contrast, the process is *not* simply rebirth in another body, but instead a considerably more complex process and result.

During a preliminary research study into various *processes* that might occur in one’s afterlife, an unexpected, important and surprisingly complex *process* was soon encountered in the first source studied (called Source 1 for this study and is a book named, “Afterlife101”) This is a system in which one’s “whole self” or “spiritual entity” is formed following *each incarnation*, by a process of addition of one’s prior chosen soul personality for one’s current incarnation (including one’s consciousness and memory) *to that formed from earlier incarnations*. In a sense, therefore, the concept is that we each are (unknowingly) comprised of an amalgam of individual souls formed from *each of our past lives* (similar to what is known as “split personalities” – which is encountered rarely in our accustomed physical reality). In this way, each reincarnational self’s identity is never lost, and based on data stated in this source, this seems to be one of the purposes of the process.

A more detailed investigation and study followed of the possibility of this same process (stated above) being described in *other* considered high-quality sources of afterlife “teachings”. Surprisingly, not only was the same process readily identified within each of the chosen five other sources, but a quick visual comparison between all descriptions was all that was required to determine that they agreed and aligned completely with this stated process. Additionally, in most cases, each subsequent source researched, was found to provide further useful information/knowledge concerning the process itself.

Relevant extracts from each of these sources are therefore included below for readers *to compare for themselves* self-evident correlation agreements between all six different sources. Some detailed analyses of the process elements are included below in the results and discussion.

In view of this outcome and the complexity of this reincarnational process, it was decided, to also include a few other *chosen* unique afterlife characteristics mentioned in most of the “teaching” extracts from the sources listed below. This includes the typical number of reincarnations, the typical reincarnational intervals, and our likely appearance (i.e., how we look to others) as a non-physical spiritual entity. The main point for including these, is that it will be seen that they are somewhat allied to the prime process investigated in this study and the purpose of this study, namely investigation and possible validation of the *process* of addition/extension of souls to each reincarnation. Apart from these being of allied general interest, a supplementary intention was to use these to check for further external consistency/correlation “truth” tests between the same different sourced researched material. Also, each, as with the prime purpose for the study, are of more than usual interest in association with one’s *non*-physical reality, as they are extremely different from anything one encounters in one’s predictable daily *physical* reality. In addition, identifying accurate correlation clearly adds confidence in the veracity of *all* the source material listed, and its content, not just the data set analysed. It also importantly *adds to one’s belief and acceptance of the reality of reincarnation itself*.

There is no satisfactory term available to describe the above “complex process” of forming reincarnational “split personalities” in our lexicon. Accordingly, for ease of further discussions on this, the following term: “*reincarnational soul addition/extension process*” or, simply “*soul addition/extension*”, is used below in this study, as an appropriate descriptor for this process. Dr. Newton (below) uniquely provides a useful and descriptive whole chapter subtitle for this process, as: “Soul Division and Reunification” in his book, *Destiny of Souls*, but indicates his preference for the descriptor “soul extension” for the above process (Newton [2], Loc. 2080).

It should be noted that comparability and correlation analysis using a trusted standard, is a useful and *recognised standard scientific methodology*. It is widely used universally by acceptance testing laboratories around the world, to vet manufactured supplies against technical specifications for major corporations.

Purpose

The purpose of the study is therefore to determine as “truth tests”, whether external consistency/correlation is evident for “soul extension” amongst all of the six selected high-quality afterlife sources of esoteric literature listed below. In addition, for a few other allied chosen reincarnational processes/attributes mentioned, to desirably provide further validation support. If a high statistical correlation external consistency is found evident *amongst all sources for all cases studied*, obviously this would assist in *validation of reincarnation itself and belief in one’s afterlife*.

A secondary purpose is to determine *validated* details of the process of "soul addition/extension" and it's rational – with *the aim of increasing our knowledge and understanding of the reincarnational process for the benefit of all.*

Source Material (Books)

Detailed data on *reincarnational processes and one's soul/spirit character* seems quite rare amongst a large quantity of esoteric literature studied. The following is a list of six such sources I found *which do provide useful detail* of the reincarnational processes, identified by the numbers Source 1, Source 2, etc. and used in this study. (There may well be many others).

Source 1, *Afterlife101* "teachings" (see www.Afterlife101.com), is a free afterlife book which can be read online and accessible by this link. It is particularly helpful as a short succinct summary of processes and as such, a useful reference standard for comparison and correlation with data provided by other such sources in this study. Others researched below are: Source 2, Michael Newton's books, *Journey of Souls* and *Destiny of Souls*, Source 3, the Rev. Michael Cocks's book, *Afterlife Teachings of St. Stephen, the Martyr*, Source 4, Jane Roberts's books: *The Seth Material* and *Seth Speaks*, Source 5, Chelsea Quinn Yarbro's book, *Messages from Michael*, Source 6, Robert Monroe's last book, *Ultimate Journey*. A more detailed list of each author and books is contained within the "References" below.

Definitions

When we look at dictionary or online biblical definitions, although they claim differences between a "soul" or "spirit", and while there is some commonality with "soul" definitions; confusion reigns, and major dictionary difficulty arises with differentiating between the two, as can be seen below. To be fair, one can scarcely expect accurate dictionary definitions in this genre, as our knowledge of non-physical reality and life after death, is currently at best embryonic.

Soul: (Webster Dictionary) "*the immaterial part of a person; the actuating cause of an individual life.*" This does not quite align with their biblical definition i.e. "*the life (or essence) of a person.*"

Spirit: (biblical definition) "*the spark of life, that animates all living creatures.*" Another dictionary definition: "*Spirit*" refers to that which gives life to a body. Without spirit, the body is dead."

The Greek definition though, does provide a useful *distinction*, i.e. the dictionary listing says: "The word "*spirit*" - was used to denote both the person, and the soul which possessed him (*Leviticus 20:27; 1 Samuel 28:8; Compare Acts 16:16*)."

As will be seen below, it is helpful in what follows, to regard the "soul", as the *spiritual (non-physical) portion of a person present in one's current or earlier incarnations.*

Useful alternative equivalents (i.e. synonyms) of these words, which appear preferable, as being clearer and more apt - are those attributed and used in the so called past teachings (through the deep trance medium, Jane Roberts), of the channelled entity called "Seth". "Seth" mediumistic teachings are normally highly regarded, as probably the most informative, detailed and highly regarded over the last century.

In "Seth" teachings, a person experiencing *any particular earth incarnation is called, a "personality self" or "soul"*, which is regarded as referring to the *current reincarnational life on earth, or previous ones* (signified by any of one's different reincarnational names, i.e. John, Mary, Ross, etc. – on the same time event/line).

A collection of *all* of these personality selves which constitute the whole of a person, is called an "entity", "superself", and in other esoteric literature, "whole", "super consciousness", "Self" (Note: the capital "S"), "continuous self" (or "soul spirit", see Source 1 below).

In "Seth" terms, an "entity" (or "Superself"), is an amalgam of all personality selves *from past incarnations, plus the current personality self, experiencing an existing incarnation*. One's "spirit" can therefore said to be all the other personality selves, apart from that experiencing the current reincarnation i.e. our soul. (As previously, "Spirit" as with "soul", has a non-physical association).

Comment

Summing up, already with the concept mentioned above, it can be seen that *we each* comprise an amalgam of all personality selves which constitute the whole of a person. As a complete "entity", therefore we are a *duality*- a "whole" but comprised of many individual parts joined together. In a sense though, not too different from the separate concept that we are all individuals, but "one" with God. It will also be noted (as previously), that this is not dissimilar to split personalities exhibited by some humans. Although this might seem to be strange, it does appear to have the rationality that all our personhood in other words; our "identity" in each reincarnation *is preserved forever*. So, while we have little knowledge while on earth of our past reincarnations, there is certainly comfort in knowing, that what we know as *oneself, in our current particular reincarnation - is retained forever*.

Investigation study and sequential comments

Source 1 – Online Book: Afterlife101, by an anonymous author.

The following is a chosen *extract* of *reincarnational* teachings taken from, *Afterlife101* teachings, see: <http://www.afterlife101.com/Chapter8.html> . On the website, these teachings are helpfully categorised, and the source is a high quality deep trance medium who wishes to remain anonymous.

- "When a person dies, their *personality [self]* survives and generally crosses over into spirit life."
- "Once you have moved into your soul spirit [superself] you go through your most current life review. After one has had their greeting and their life review, what then becomes heaven then becomes much of the spiritual consciousness that the individual brought with them from earth during this most recent past life on earth."
- "The spirit is the true essence, the true energy of who you are. The soul is like the connection between your spirit and your humanness. And your soul is with you in your human body, together with your spirit, and when you depart from your human body your soul moves into your spirit and that soul remains with your spirit."
- "The soul of each incarnation carries the energy of every incarnation but is not necessarily predominant in the soul as it *attaches to a new incarnation*. For each incarnation has its own energy, its own personality, its own ego and that's what forms in the soul to help connect to the spirit of your humanness. Many times, you have things that are happening to you in your current life which you have no understanding for why it is happening, and it can be a deep-seated carryover from a past life which could go back for many past lives."
- "A spirit cannot exist simultaneously in heaven and in a body on earth, or in two bodies on earth. However, when a spirit reincarnates, a residual energy is left in heaven that is able to communicate but this is not really the spirit itself that is there."

Comment on the above.

It is important to note here, that *each reincarnation produces a new personality self* (see the first use of italics in the teachings above. This then, "attaches" [adds] to one's "whole" self as a complete "entity", or "superself".

Source 2 – Book: *Afterlife Teachings of St Stephen, the Martyr*, by the Rev. Michael Cocks

This is another mediumistic source with a chosen reincarnational extract for this study. It should be noted in the discussion below, "St Stephen" is the mediumistic "source" i.e. the discarnate. "Michael" on the other hand, is the author, the Anglican vicar, Rev. Michael Cocks, who was present at almost all mediumistic appearances of St. Stephen. Tom is a deep trance medium, who channelled St Stephen. Olive is Tom's wife. (Should one find St. Stephen's use of English below somewhat stilted, it is no doubt due to the fact that as a Thracian Greek, he had no English knowledge whatsoever).

St. Stephen: "In one's past, for joining of the "Whole", parts of the Whole had experiences, continued to choose and gained further experiences in different incarnations. This is the case with the part of the Whole which we are blessed, called "Michael" [the author]. He is also part of the Whole that gained the experience of "Charles". [an earlier personality self]. ... "The knowledge of this part of the Whole ["Michael"], which was to be gained experience, was decided before the separateness of Michael was felt. Therefore, we can say that the experiences gained would be of the whole self of Michael, the choosing of the "whole" self of Michael" (Cocks, 74).

(St Stephen - the mediumistic source, is speaking via a deep trance medium - Tom, to the author, Michael, and Olive -Tom's wife. The channelled dialogue was tape recorded.)

Michael: "I was going to ask what it is like to be you. But you have said it, as best I think I can understand. I cannot understand that you can have a thousand consciousnesses, but in some ways, I am glad that you are not just for us, because that makes me feel more comfortable."

St Stephen: "My consciousness, as is your consciousness, is a *thousand fold*, is not divided, it is the guest in many physical thoughts, brains, or what you think of as consciousnesses, the "whole" of me..."

Michael: "All right... now reading what you had said to Tom and Olive in their record and also looking at what I seem to have received myself, I seem to have had experience of what is called the group mind myself in multiplicity?"

St Stephen: "No. This is the short answer. I can explain it like this. "Anne" and "I", and many others are of a group. The consciousness that is in each of you may be separated in separate consciousnesses, but they are part of the group, and even you will see this on the physical plane."

Olive: "The trouble is that we all belong to one another in the group. We cannot abdicate this."

St Stephen also likens oneself to a pond with many ripples, the ripples being reincarnational lives or personality selves (each of which has a *separate consciousness*, as above) – which together constitute the whole self (Cocks, 89, 92).

Comment on this.

Using again "Seth's" terminology, St Stephen's discussion of "*consciousnesses*" themselves can be regarded as "personality selves" which constitute a group. The "*thousand fold*" of them he says are "*not divided*", but [constitute] the "*whole*" of me. It is important to note that these comprise other named persons such as, "Anne, I [himself] and many others." We therefore have a duality comprising a whole – the superself (or Entity), plus personality selves – "Anne, I [himself] and

many others" – i.e. the names we give to each of us at birth which present at each incarnation, and whose individuality is always preserved.

To sum up therefore, these teachings *are completely consistent with those of Source 1 Afterlife 101 above*. Additionally, St Stephen suggests an amazing number, a "*thousand fold*" of consciousnesses, within which personality selves - each of which later (below) will be seen are formed as a different new personality self to manifest and configured to suit each subsequent reincarnation.

It should be noted that, St. Stephen above, categorically denies that humans have a group soul. As we have learned in the "Introduction" above, instead we have the concept of "split personalities" which will be covered more fully below. This is supported by Gary Zukav in his book *The Seat of the Soul* where he says. "*Each human being has a soul.... A micro of a macro. Animals ...do not have individual souls. They have group souls* (Zukov175-177)."

Source 3 – Books: *Journey of Souls* and *Destiny of Souls*, .by Michael Newton

Sources 1 and 2 cover mediumistic deep trance teachings, whereas, Michael Newton was a professional regressionist **hypnotherapist**/afterlife researcher. He derived a unique facility later in his professional career specifically to regress patients to their life-between-lives in their various reincarnations. This enabled him uniquely at will, to derive exceptional detail of their reincarnational experiences - beyond that of perhaps of all other such material obtained up until then.

"Regression" interviews with subjects were *all tape recorded* and are shown following an "S" prefix below (an abbreviation for a "subject").

Within Michael Newton's book, *Destiny of Souls* he uses a heading, "Soul Division and Reunification" and then says that, "the capacity for souls to *divide* their energy essence, influences many aspects of soul life", and that, "Perhaps soul *extension* would be a more accurate term than soul division." "All souls who come to earth leave a part of their energy behind in the spirit world, even those living in parallel lives in more than one body. The percentages of energy souls leave behind may vary, but each particle of light [as we appear as a light form in the spirit world], is an exact duplicate of every other Self and replicates the *whole* identity". ... "If only a small percentage of the soul's energy is left behind in the spirit world, that particle of Self is more dormant because it is less concentrated." In his later book, *Journey of Souls*, he says, "When soul "splitting" takes place, "S" [i.e. the regressed subject says, ...] ... "the part that remains in the spirit world ... is more dormant ...waiting to be re-joined to the rest of our energy" (Newton [1], Loc.2080; Newton [2], (Loc.1879-1880.)

Comment:

It should be noted that the above comment that ... "*soul extension* would be a more accurate term than soul division", conforms completely with the what is said in Source (1) above, "*.... attaches* to a new incarnation." It is not clear from Newton's books when soul division/extension attachment takes place, but he mentions it is an inherent soul capability which later develops. (Logically it seems it would take place just immediately following transition, as this is when Newton advises that energy restoration normally takes place with the assistance of a guide.)

Newton expresses this differently, but in terms no doubt which was familiar to him as a professional academic psychotherapist i.e. by using the term "alter-egos." He goes on to say, "The superconscious houses our real identity, augmented by the subconscious, which contains the [detailed life] memories of many alter-egos assumed by us in our former human bodies." "The energy of a soul is able to divide into identical parts, similar to a hologram." [Removing a small piece of a hologram creates a perfect replica of the original, albeit with a lower energy]. "Because of the dual [duality] capacity of all souls, part of our light energy always remains behind in the spirit world. Thus, it is possible to see your mother upon returning from a life even though she may have died 30 years before and reincarnated again (Newton [1], Loc.2083)."

Source 4 – Books: "The Seth Material" and "Seth Speaks", by Jane Roberts.

From, *The Seth Material*, "... all fragments of a personality exist within an entity, with their own individual consciousness." "... the entity to some extent directs and gives purpose and organisation to his personalities." "The whole self is aware of all the experiences of all its ego's, and since one identity forms them (i.e. the whole self), there are bound to be similarities between them and shared characteristics."

"Individual life, or rather the life of any present interval, could be legitimately regarded to the dream of an entity. While the individual enjoys his given number of years, these are but a flash to the entity. The entity is concerned with these years in the same manner in which you are concerned with your dreams. As you give inner purpose and organisation to your dreams and obtain insight and satisfaction from them though they involve only part of your life, so the entity to some extent directs and gives purpose and organisation to his personalities. Infinities of diversity and opportunity are given to the personalities by the entity ... in a larger sense, *you are fragments of your entity.*" "Seth" also said, ... "that an inner part of each personality was aware of its relationship with its entity – and that this portion did man's breathing for him and controlled those body processes that we consider involuntary [i.e. one's subconscious]."

Comment

As an analogy, "Seth" also likens these "personality selves" to the well-known experience of human split personalities, and uses *The Three Faces of Eve*, book as such an example, i.e. one person containing three completely different and separate personalities. Also, he noted that, "the personalities in [*The Three Faces of Eve*, book] did alternate, and all were in existence at once so to speak, *even though only one was dominant at any given time.* In the same way, so called past personalities are present in you now, but not dominant". And, "Quite simply, we live as many physical existences as we feel we must, in order to develop our abilities and prepare ourselves to enter other dimensions of reality". "Within this framework of development, however, there is a minimum requirement". Seth says, "... as a rule, each entity is born so that three roles are experienced – that of mother, father and child. Two lives would be sufficient to give you the three roles, but in some cases, the personality does not function to adulthood. The most important issue, however, is the fullest use of potential."

Jane Roberts, the author and deep trance medium says: "Seth also told us that some personalities do not develop well in the physical environment but fulfil themselves in other realities. In other words, the last reincarnation is not the end. There are other dimensions of existence in which we have an even greater part to play in the maintenance of life and consciousness."

"... The following excerpts from Session 233 places reincarnation in perspective, individually and historically."

- "In the materialisation of personality through various reincarnations, "only the ego and the layers of personal subconscious adopt new characteristics. The other layers of the self, retain their past experiences, identity, and knowledge."
- "In fact, the ego receives much of its [relative] stability because of this subconscious retention. Were it not for past experiences in other lives on the part of deeper layers of the self, the ego would find it almost impossible to relate to other individuals, and the cohesiveness of society would not exist."
- "Learning to some extent is passed on *through genes, biochemically, but this is a physical materialisation of inner knowledge achieved and retained from past lives*" ... "The human being does not ...erupt into existence at birth and then laboriously then begin its first attempt to gain experience." "If this was the case, you would still be back in the Stone Age." "Each part of the self, while independent to some considerable degree, is nevertheless responsible to all others, while it is largely independent as to activity and decision (Roberts [1], 21, 60, 61, 163-165,172,173)."

From Robert's, *Seth Speaks*, "Each reader is a portion of his or her own entity" "Whole consciousness, adopts various forms. It need not always be within a form. All forms are not physical ones. Some personalities have therefore never been physical. They have evolved along different lives, and their psychological structures would be alien to your own..." "The soul or entity is always in a state of flux or learning. The soul or entity is not diminished but expanded through reincarnations (Roberts, [2], 25, 27, 80)."

Source 5 - Book: *Messages from Michael*, by Chelsea Quinn Yarbro

This book and its sequels arose from Ouija board transcripts recorded by a group of interested members led by Jessica Lansing, who channelled an entity who preferred to call himself "Michael". This later involved five mediums and lasted for nearly 30 years.

Perhaps significantly (in view of its importance), the following was *the first recorded full paragraph* of Michael's teachings:

"Each soul is part of a larger body, an entity. Each entity is made up of about 1000 souls, each of which enters the physical plane as many times as necessary to experience all aspects of life and achieve human understanding. At the end of the cycles on the physical plane, the fragments once again reunite as we have reunited (Yarbro, 61)."

Comment: The statement above, "At the end of the cycles..... etc., appears to be new information and appears logical, as at that stage it would seem that soul division is no longer necessary - see below, "Results and Conclusions." Again, the concept of "about 1000" soul consciousnesses are mentioned which we encountered in Source 2 above in the teachings of the Rev. Michael Cocks' St Stephen book. Also, immediately below in Source 6, we find in Robert Monroe's book, *Ultimate Journey*, the same figure of, *a thousand perhaps, or more* souls.

Source 6 - Book: "Ultimate Journey" by Robert Monroe (his last book)

Robert Monroe, a professional engineer, spent a large proportion of his life as an O.O.B. researcher actually participating perhaps more than anyone else ever - in O.O.B travelling as an explorer of non-physical realities. Towards the end of his last book (*Ultimate Journey*) and life, he relates how while in an OOB/remote viewing state, he decided to see if he could examine the characteristics of his own non-physical structure (Monroe, 138-171). To his shock, he found he comprised many personality selves *each of whom corresponded with each of his incarnations*. In his words, he called them *personalities with a different life experience*.

He also mentions, from a distance, he perceived them as points of light, (the number he was advised by one of them, was "*a thousand perhaps, or more*"), found he could telepathically converse with any personality self, explore details of their reincarnational lives if he wished, and found he could remember details of any of these reincarnations at will from there-on, when later he (Robert Monroe) returned to his physical state.

During this particular OOB/remote viewing experience, representatives of his group of personality selves advised him, that they all had now experienced everything that was required of them for a final transition, but it was up to him to determine what experience remained for him to complete. Once that had occurred, therefore his next life would be the last for them all.

Their "Executive Committee" also mentioned the desire for them all including Monroe, to search for all "lost" personality selves to regroup before their collective final transition. It is noteworthy that this aligns completely with the above Source 5 – "Messages from Michael", statement that, "*At the end of the cycles on the physical plane, the fragments once again reunite as we have reunited*".

He was also informed *that many of his personality selves had chosen to assist him on occasions during his life, in a similar manner to guides.*

Comment

It is important to note that Monroe's unique experiential accounts completely support the concept as mentioned in Source 4 – i.e. Jane Robert's, *The Seth Material* above, that: "... all fragments of a personality exist within an entity, with their own ***individual consciousness.***" This is exemplified by both the ability he describes of his other personality selves to both act independently and rationally converse telepathically with him during his OOB adventures. In fact, he mentions in particular, one of his own personality selves/fragments he called INSPEC, who guided him and conversed with him on a large number of OOB journeys he describes at length in his last book "Ultimate Journey".

While all this might seem stretching belief, Monroe deserves a high credibility, he had no need to write his books for profit, as he was very rich for most of his life, was a professional engineer and spent most of his life on scientific research in this area. He rightly could well be considered the world's authority on OOB/remote viewing travel and also wrote three books on this subject.

Unlike the other sources, paraphrasing Monroe's findings is considered appropriate to reduce space without the need for direct quotes. This is because his accounts were written as direct personal exploration lifetime OOB experiences he encountered, rather those derived from other sources, where all are teachings from discarnates. *Direct perception and experience though described by Monroe is particularly impressive* and refreshingly different as a corroboration of the other sources.

The following are supplementary reincarnational aspects that may be of interest:

There are two of these, the first covers "Reincarnational Time Duration Aspects" and the second, the "Appearance of Souls Following Death". These, as mentioned earlier, are used for further comparability analysis and discussed in, "Results and Conclusions", below.

Reincarnation Time Duration Aspects

Data for these are taken from the following Newton books mentioned above: *Journey of Souls, and Destiny of Souls*. Newton says. "I have had many cases where a client has been reincarnating for up to 30,000 years on earth and is still at the lower Levels of I and II." He goes on to say that though the reverse is true, rapid acceleration is uncommon. "One of my clients has not been able to conquer envy for 850 years in numerous lives." Another he said, ... "spent nearly 1700 years ...seeking authoritative power over others." "Older souls though reincarnate less." The minimum he said was "typically, in the case of a suicide, if they wish, it could be within 5 years."

Newton mentions one client exceptionally attained Level III in only 4000 years and speaks of a chance encounter of a very advanced soul (Level V) whose first lives occurred at, "the beginning of the interglacial period which lasted from 130,000 to 70,000 years ago." She later spoke of, "living in caves and enduring bitter cold 50,000 years ago." She said, "We are all part of the "Sources Oneness" [i.e. God]. She also explained, "that, "...soul experiences with physical life change them and this is intentional. By that change, new ingredients are added to the collective intelligence of every soul." and she confirmed Newton suggesting, that this was "what reincarnation was all about.", "and a sort of self-actualisation of the soul identity, is the purpose of life on our world. (Newton [2] Loc,1525, Loc.1798, Loc.2426, Loc.2677; Newton [1] Loc.2156)."

Appearance of Souls Following Death

Dr Newton, continuously speaks of souls immediately following death as appearing as light forms, and "sparks of light" from a distance – "buzzing around as fireflies", describing at length, colour variations of light emanated, which correspond to the level of advancement attained. This follows the light frequency spectrum from white, then yellow through to purple – ranging from a novice to an extremely advanced soul. In addition, he says that souls if they wish, can also appear and manifest to another entity any desired appearance e.g. "... it is possible for non-organic soul energy to display human characteristics. Souls often use their capacity to project former life forms when communicating with each other (Newton [2], Loc.549; Newton [1], Loc. 2366)."

As a comparison, *Afterlife101* says, "But you really are a form of energy light and depending upon your spiritual evolution you vibrate at different energy frequencies and light...", and in the "Afterlife section of the *Afterlife101* online book.", "You will take that form for that is what the human still remembers you as (*Afterlife101*, Anonymous author)."

Monroe in his *Ultimate Journey* book, attests to the same appearance as "beams of multi-coloured light", emanating from personality selves – and says that "they are just like him, (Monroe, 151-152)." It is of course common that "spirits" appear normally as sparks of light, even within the Buddhist religion and old eastern traditions.

Results and Conclusions

"Soul extension". It is interesting but disturbing perhaps to note that when one encounters something beyond one's life experience, such as this process, that it is difficult to even discuss it, as there is no haven available of satisfactory dictionary definitions. Even though the process is complex (and some aspects still unknown), it is fascinating to note the different descriptions of the same process amongst all of the five sources above.

It will be noted that considerable care has been taken for this study to list above, just the *specific relevant* corresponding "teachings"/data extracts from the six sources which apply to each of the headings above. This was aimed at facilitating easy visual and immediate comparison analysis

between each source and heading - by the author of this study; but also, by readers, so that they can easily draw their own conclusions for themselves.

Regarding the topic which is the *principle* purpose of this study – namely, a comparability analysis of the process *soul extension* amongst all five sources included in the study, as mentioned above - it is contended that all of them align remarkably to a greater or lesser degree. In addition, some of the above sources add even further yet highly desired detail in explaining what is seen as fundamentally this same fascinating but complex reincarnational process - that all of us unknowingly have experienced in all our past lives, and will continue to experience in our futures.

Dealing first with a possible credibility issue. Unquestionably, the process described is very complex, but it is obvious that any such truth test validity analysis, when applied to a complex process (such as this) - as compared with a simple process; would statistically be likely to have an extremely low probability success outcome. Despite this and in obvious contrast to such an expectation, as can be seen above that all five independent sources show *outstanding correlation agreement amongst each other*. One must therefore accept the process as described is *true*, or alternatively consider the only possible alternative – which is to argue that all *sources* cleverly connived with each other to give accurate and different perspectives of the same thing. Which is of course, absurd.

Dealing with the remaining items for comparability analysis results i.e. the typical number of reincarnations, the typical reincarnational intervals, and our likely appearance (i.e. how we look to others) as a non-physical entity.

Reincarnation Time Duration Aspects and Numbers:

It will be noted that the greatest duration length indicated, is approx.70,000 years (Newton), whereas the minimum he indicated was 5 years (following suicide). Other *sources*, i.e. St. Stephen and Monroe, describe their *personality selves*/reincarnations numbered, as follows, a “thousand fold” (St Stephen), and “...a thousand perhaps, or more (Monroe).” Clearly from this, correlation is self-evident, in that reincarnations number typically *some thousands of years* (Newton [2], 1798, St Stephen, 89, Monroe, 173).

Comment

Most would probably not realise (from the above), that their reincarnations are likely to number of some thousands of years. Exceptionally, as said by Newton, back to early prehistoric man or the interglacial period. Although much could be said about this, it does show the value of *this* simple comparative analysis methodology is to acquaint us all (as in this case) - with otherwise unknown, but believable information concerning our own *true* likely life span to date, and reincarnation numbers.

Appearance of Souls Immediately Following Death

It will be seen from the above, that there is a commonality amongst all sources in describing the appearance of a soul in the afterlife, as able to be identified as emitting a light. But further detail given by Newton (above) in describing that there are variations in colour, dependent on soul advancement. While suggestion of soul’s appearance as a “spark” of light or as an orb, is of little significance in a comparative analysis study (since this is a common assumption), it is noteworthy

and significant that the Afterlife101 and Newton book sources (above), both do attest separately to the fact that all souls have the capability of appearing to others *in any form they wish*. Further, Newton in his detailed book descriptions and case studies, explains that the appearance chosen by a soul usually matches that of a soul's preferred appearance in a previous reincarnation. In the case though of encountering a relative or friend following their death, or in a NDE or OOB state; the appearance a soul would naturally choose, would be that from an earlier reincarnation to enable them to be readily identified and be familiar to them (Newton [2], Loc.515).

Finally, in any comparative analysis study such as this, logical consistency should apply both horizontally and vertically. The results above it is contended, speak for themselves as far as logical consistency is concerned between *all six chosen sources*. With regards to horizontal (i.e. external with other sources) consistency, all without exception can be seen to describe the same process, some - as would be expected, add to information contained by others, but none exhibit any contradictions. Vertical consistency (i.e. internally within a data set) would also have been expected within each of the teachings sources themselves provided in this study. In this area, it is contended that readers will note nothing but consistency, and rationality; but also linked with shared views on other parameters beyond soul division, such soul appearance and typical number of reincarnational lives.

Discussion

It is suggested that there is strong evidence above which compellingly indicates that we comprise an amalgam of personality selves, each with their own individual mind/consciousnesses - but with an overarching mind consciousness which amalgamates all these into a whole single complete entity, i.e. the "one" of "us". Despite possible incredulity, it nevertheless appears that this may well be the default condition for all *advanced* lifeforms (including possible alien undiscovered lifeforms to date).

In support of this, "Seth" advises that each of our *cells* also have individual consciousness - which seems analogous to a "personality self", as they are clearly subordinate to the whole of us - as are "personality selves (*The Nature of personal Reality*, Roberts, 145)." This concept that cells or personality selves have separate mind/consciousness, conforms with what is known as panpsychism – the view that mind/consciousness is universal (i.e. in all matter, to a greater or lesser extent). This theory was vindicated by Bohm in 1947 who was the first to observe purposeful behaviour by electrons in plasma (Scott-Hill, 41). Noteworthy also, is the fact that there is also another analogy with the common religious belief that we are all individual souls but interconnected and one with a whole – in this case, God.

Why we have personality selves, and a reincarnation soul extension *process* to form them, is not evident just from a single reason, but instead, as can be seen from the above; there is strong, almost overwhelming evidence of rationality behind the need for this process, which *arises from multiple reasons*, as follows:

- First, there is the point made by Dr Newton above, that on an energy basis alone, that the energy of any given soul is simply too great to manifest on earth. Therefore, soul division/extension is essential. Further, this means inevitably some energy is left behind at each reincarnation. This too can be seen to have an added (but perhaps essential) benefit of enabling contact by others if desired with the *current* reincarnational identity personality portion of one's whole self, left behind at each reincarnation.

- Development by each of us, of a sense of *identity*, is also considered important, see, "Seth's" comment above, "Were it not for past experiences in other lives on the part of deeper layers of the self, the ego would find it almost impossible to relate to other individuals, and the cohesiveness of society would not exist", and in, *The Seth Material*, "The ego maintains much of its stability by looking backward into a past and a finding something of itself (Roberts [1]. 223)." Separation of our past lives into *individual discrete blocks* by soul division/extension would therefore also seem to aid this, as our individual soul identities specific to each past life, plus associated memories etc., all seem preserved by this process i.e. With regard to memories, Monroe towards the end of his final book, "*Ultimate Journey*", describes he attained (after encountering all his personality selves) virtually *unlimited memory* access to events which occurred in his immediate past life and ultimately for him (as he describes), to all his other reincarnations (Monroe,143).
- Finally, and importantly, the independence of personality selves - each with a *separate identity, consciousness and memory applicable to each reincarnation*, as "Seth" maintains above - allows one to collectively experience activity in different dimensions/realities, and this adds to the experience/knowledge of the *whole self*, such that in his words above, ... "The soul or entity is not *diminished but expanded through reincarnations.*" This clearly exhibits greater utility/efficiency than a single conscious entity alone, yet aligns with the maxim that "*the whole is greater than the sum of its individual parts.*"

Before we leave discussion on "soul extension", in terms of credibility/validation of belief in this *process*, it is worth mentioning that any process where one notes a large number of purposeful attributes such as those described immediately above; then inevitably they most likely must have originated by design and would have been deliberately engineered into the process. The higher the number, obviously the less likely the probability that they could have originated from chance. In this respect, it can be seen that many reincarnational aspects such as these mentioned in Michael Newton's books such as "Life Review", "Life Selection", "Choosing a New body" and "Preparation for Embarkation" and many others; very much depend upon "soul extension", which clearly is necessary and allows a needed detailed recollection of all nuances of previous lives, in order to plan ahead to ensure and maximise future opportunities in development for all of us in subsequent lives.

It is hoped that others may extend the simple comparative analysis methodology approach outlined in this study to other afterlife areas and reincarnational areas, such as "Life Review", etc. shown above, as these all seem useful areas for further study.

Given the success of this comparative analysis study on soul extension to successfully with little effort, scientifically vindicate reincarnation; it is a pity that this methodology of direct comparison analysis amongst differing sources of esoteric literature quotes/extracts is not used more widely. This is because the author of this paper knows of only two other such studies of this type to date and both exhibit similar excellent results. All of which too support, (as with this study), the concept of an afterlife for us all. These are *The Perennial Philosophy*, by Aldous Huxley (summarised by Astrophysicist Bernard Haisch in his recent book, *The God Theory*, which sets out to find commonality in all theologies (Haisch, xi,xii,51,52), and Dr Dennis Grega's *ongoing* statistical comparative analysis of a large number of esoteric literature "teachings" as detailed on the AfterlifeData.com website, (Ref: see http://afterlifedata.com/afterlife_analysis.php).

It will be seen on this website, that all sources listed above are included in this detailed statistical analysis. The results so far in the AfterlifeData.com website indicate an overall 94.3% for

agreements (Reincarnation, 97.3%). Therefore, it should come as little surprise “soul addition/extension” correlations of quotes from the above sources should indicate such an impressive result.

This reincarnational research comparative correlational type analysis though does seem unique and the first of its kind in being applied to documented afterlife *process* data. In view of its success in this area, together with its simple ease of application; it is hoped that others may avail themselves of the opportunity in the future, to produce further comparative correlation analysis research studies of other reincarnational (or other afterlife) *processes* described in the literature, such as this study.

Biography

Alastair (Bruce) Scott-Hill, a Professional Engineer (now retired), graduated as a BE (Elect), Cant. and spent his career in communication technology, particularly in telecommunications and information technology. The main portion of his career was with Telecom New Zealand spanning some 35 years designing national telephone exchanges, and telecommunication networks. He also designed the first Telecom online nationwide supply computer system. Subsequently he then took up a position with Standards New Zealand, where he was responsible for all New Zealand Standards in Telecommunications, Information Technology and Acoustics.

Recently he published a National New Zealand prize winning book the 2016 Ashton-Wylie Award, entitled, *The Paranormal is Normal (The Science Validation to Reincarnation. The Paranormal and your Immortality)*, Alastair Bruce Scott-Hill, (Copy Press NZ, 2016). It is available from Amazon.

Bruce has had a lifetime interest in science.

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Correspondence should be sent to Alastair Bruce Scott-Hill at theparanormalisnormal@gmail.com